



Temple Zen
Kosan Ryumon Ji

Practical Information

MEMBERSHIP

In order to participate in the activities of the monastery, a membership with the „Association du Temple Zen de Weiterswiller“ is necessary.
annual fee: 15 €

PAYMENT OF SESSHIN

The cost of the stay is payable on arrival at the temple.
The deposit of 35 € due at the time of registration will be deducted.
If necessary, your annual membership fee must be paid again.

ACCOMMODATION

Dormitories separated by female and male

WHAT TO BRING

Meditation cushion

You can bring your own meditation pillow (zafu) as long as the fabric is of dark colour. You can also rent a pillow from us.
For people with disabilities, it is possible to do zazen on ergonomic chairs available in the temple.



Bedding

Please bring: 1 fitted sheet, 1 duvet cover, 1 pillow case
Such a set can also be rented. Price: 6 € per set or 2 € per item
Use of sleeping bags is not allowed.

Tableware

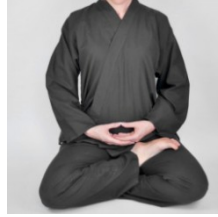
1 dinner bowl (cereal bowl), 1 tablespoon, 1 fork
1 large, not white dish towel to wrap the eating bowl; dimensions: approx. 60x60 cm
1 small white napkin; dimensions approx. 30x30 cm



Missing items can be borrowed. You will be shown how to pack the eating bowl.

Clothing, Shoes

- For meditation: wide clothes in dark colours
- For the communal work outdoors: clothes that can get dirty
- Indoor slippers, outdoor open shoes (ones that do not need lacing; sandals, Birkenstocks, Crocs)



BOUTIQUE

Our boutique offers you everything you need for meditation practice: kimono, zafu, eating bowl, cloths etc.) as well as numerous works on Buddhism

SOME RULES

When in the temple complex, please do not make use of
... your phone (urgent calls can be made on the parking, outside the temple)
... provocative clothing (skirts, shorts, tops etc.)
... if possible jewellery (except wedding rings)



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